

# What happens after we die?

## Catch the Wave

- Welcome
- Prayer
- **ASK**
  - Q1 – **What do you think happens to people when they die?**
  - Q2 – **Is it possible that what happens after death is determined by what you believed? (i.e., those that believe in reincarnation are reincarnated, those that believed in extinction are annihilated, etc.) Why or why not?**
  - Q3 – **Do people have control over what happens to them after they die? Why or why not?**
- Segue: It only makes sense to think about what happens after we die. Today we'll explore this and try to make some sense out of the beliefs out there and which one has the best proofs for being true.
- Watch Video – Episode 7
- **ASK**
  - Q1 – **There are three basic possibilities regarding the afterlife—extinction, reincarnation and resurrection. Do you think all three views can be true at the same time?**

## Additional Questions

- Contradictory views cannot all be true.
- The law of non-contradiction eliminates the possibility that three opposing theories can be true at the same time.
- Discuss the illogic of being extinct, yet alive as someone else, and awaiting judgment day all at the same time.

## Additional Questions

- Read these quotes of different perspective regarding what happens after death:

I don't believe in an afterlife, so I don't have to spend my whole life fearing hell, or fearing heaven even more. For whatever the tortures of hell, I think the boredom of heaven would be even worse.<sup>1</sup> (Isaac Asimov / 1920-1992)

I died as a mineral and became a plant, I died as a plant and rose to animal, I died as animal and I was man. Why should I fear? When was I less by dying?<sup>2</sup> (Jalalu 'D-Din Rumi, Sufi poet)

Jesus said to her, "I am the resurrection and the life. He who believes in me will live, even though he dies; and whoever lives and believes in me will \*never die. Do you believe this?" (John 11:25-26).

\*Note: the literal meaning of "die" in this instance is "never die forever."



## ● ASK

- Q1 – **Which view of what happens after we die is the most hopeful? The least hopeful? Why?**

## Dive Deep

- Using Scripture, Greg painted a clear picture of what happens after we die.

- Read Cor. 15:12-18 in the New Living Translation.

## ● ASK

- Q1 – **What is the connection between Christ’s resurrection and ours?**
- Q2 – **Why is the hope of all Christians founded of the resurrection of Christ?**
- Q3 – **Is it possible that only Christians are resurrected and non-believers just die? Why or why not?**

- Read Rev. 20:11-15 in the New Living Translation.

- John is not speculating about the afterlife, he is describing a scene that he actually witnessed in a vision God gave to him.

- Read Dan. 12:2-4, Heb. 9:27-28 and Mt. 12:36

## ● ASK

- Q1 – **How does the Daniel passage paint a clear picture of resurrection?**
- Q2 – **If the Bible claims that people only ‘die once’ and then the judgment, what does that say about the concepts of extinction and reincarnation?**
- Q3 – **What is the connection between having our ‘sins taken away’ and having our name written in the Book of Life mentioned in Rev. 20?**
- Q4 – **Do you think we have a choice about whether or not we will be judged? Why or why not?**

## Sail Home

- Pass out paper/pens and ask students to write their own version of “A Letter from the Afterlife” that describes their views and beliefs about what happens after we die.
- Ask for a couple volunteers to share.

## Aloha

- Highlight the main concepts: that we don’t have to guess about what happens after we die, because Jesus died and came back from the dead to prove that resurrection will happen on Judgment Day.
- Present the gospel. Invite students to trust in Christ or recommit their life to Him.

## Notes

- Encourage students to invite friends to next week’s episode.
- *Shreddin the Gnar*: 10 out of 10 people die. It’s a proven stat. That’s why it’s so important to pursue spiritual conversations with our friends. Read chapter 12 in *Shreddin*, to learn how to move the conversation toward the most important question of all.